

ABN 26 521 960 054

# LIONS CANCER INSTITUTE INC ANNUAL REPORT 2012 - 2013



SAVING LIVES IN YOUR COMMUNITY THROUGH RESEARCH  
AND SKIN CANCER SCREENING SINCE 1990



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## COVER PHOTO

New addition to the skin screening project a 12.5m coach

## BOARD OF DIRECTORS

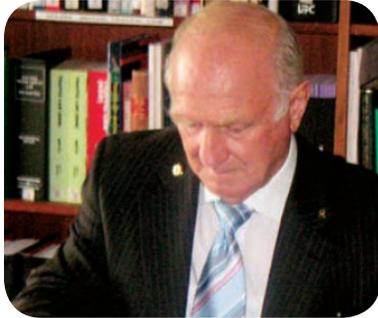
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|---------------------------------------|--|
| <b>PDG Colin C. Beauchamp AM JP</b>   | Chairman   |
| <b>Lion Don Wheeler</b>               | Vice Chairman (resigned Feb 2013)  |
| <b>PDG Neil Saunders</b>              | Treasurer  |
| <b>PDG Dora E. Bushe-Jones</b>        | Secretary  |
| <b>Paul Katris</b>                    | Psychologist, Chair Medical & Scientific<br>Advisory Committee CEO WACOG |
| <b>PDG Garry Irvine</b>               | Director   |
| <b>PDG Darrel Mainard</b>             | Skin Screening Administrator   |
| <b>District Governor Alan Hawkins</b> | 201W2 (Ex Officio Officer)   |
| <b>District Governor Colin Heap</b>   | 201W1 (ex Officio Officer)   |
| <b>PDG Pam Baird</b>                  | Director   |
| <b>Lion Margaret Bradford-Seeley</b>  | Director   |
| <b>Lion Susan Richards</b>            | Director   |
| <b>Lion Jane Dunstall</b>             | Director   |
| <b>Lion Mary Gregg</b>                | District Chairman 201W2  |
| <b>Lion Mary Austin</b>               | District Chairman 201W1  |

The Lions Cancer Institute Inc. is a 'Not for Profit' medical research institution. The Institute holds Endorsement from the Australian Tax Office as an income tax exempt charitable entity (ITEC) and is a deductible gift recipient (DGR).

The Institute holds a license issued under the provisions of the Charitable collections Act 19

**Auditors : Owen & Plaistowe**

# CHAIRMAN'S REPORT



*PDG Colin C. Beauchamp AM JP*  
*CHAIRMAN*

This year has been one of many challenges for the Board. During one of the screening trips to the Kimberley the mobile screening caravan was wrecked in an accident when the chassis rails snapped under the van causing it to leave the road and roll over, fortunately no one was injured, with the assistance of Broome Shire Council providing a venue we were able to complete the screening run.

The Board provided a certificate of appreciation to the Broome Lions Club, without their help in recovering all of the movable equipment the replacement costs would have been much higher. The old unit was second hand when acquired by the Institute; wear over some twenty five years was found to be the cause. An insurance payout, very generous support from the Lions Clubs of Western Australia together with support funding from Lottery West, (a large portion of the Lottery West funds were allocated, together with funding from Lions Clubs International Foundation to the second screening unit, the coach) we now have a much lighter and better equipped caravan on the road. Work on our second unit a 12.5m coach which will have similar facilities i.e. three examination rooms plus a small office area, full air conditioning etc. should be completed ready for trial runs in late July 2013.

To run a second unit we need screening staff. Early in 2010 the Board accepted a proposal to assist with the funding of studies by a Nurse Practitioner Student Chris Lowings who had already completed an advanced course in Dermoscopy. Chris has been involved in a number of screenings in Western Australia prior to and since that date. In 2010 the Board agreed to increase the funding support available to four Western Australian Nurses doing a base course in Dermoscopy at Flinders University, as part of the agreement those Nurses who successfully complete the course will make themselves available for screenings. We have funded four Nurses to date three of whom have completed the course; all four have attended screenings in 2012/2013.

It has always been the intention of the Institute to expand the screening program for the benefit of all Australian's the first stage of this was when the mobile unit was taken to MD. Convention in Mildura resulting in six other Districts expressing an interest in the program. In 2012 Lions Marilyn and PDG Mick Miller, C2 District South Australia, arranged the first screening in South Australia since that date we have completed four screenings with enquires for many more in S.A. and Northern Territory South Australian referral results are fractionally higher than W.A. (See the C2 screening

Chairman's report for further details). In October 2013 a motion will go before the C2 Convention to formally commence the screening project under the banner of the West Australian Institute in that District. As Chairman I have been asked to make a presentation to the C1 Convention and also to the C2 Convention by the current Governors.

The Flinders University research continues to move ahead with the publication of our first paper using the South Australian skin screening data authors Harvey/Lowings/Beauchamp/Katris (see the report from Dr. Clare Harvey). Dr. Harvey has relocated to Napier New Zealand at the Eastern Institute of Technology to further her work, the Flinders course and studies will continue under her guidance.

Dr. Harvey is currently having discussions with a number of Medical Groups and Napier Lions who have expressed an interest in starting a similar skin screening program in NZ, some initial funding has been provided by EIT. NZ. to assist. One very interesting factor and a driving force behind any push for future research in New Zealand is that the whilst the incidence of Melanoma in the Maori population is lower than Australia the lesions appear to be much more aggressive.

Joint Venture screening programs with the Royal Flying Doctor Service in WA will continue this year, subject to funding, with a screening run through the Goldfields later in 2013.

The Institute's support for Ph.D. Students continues. Some of the money used for this project comes from the Joshua & Karen Chinnery Foundation, set up by the Armadale/Kelmscott Lions Club in recognition of the service by one of their members who lost both his wife and one son to cancer. The Student chosen this year is Phillip Hardy whose research area is in liver cancer, Phillips report can be seen later in the report.

My personal thanks to all of those Lions who have supported the Institute. The Institute still requires additional funds to finish the second unit and to cover ongoing screening costs. We still have a number of Clubs who request visits by the free mobile skin screening unit but are reluctant to contribute to the costs.

**PDG Colin C. Beauchamp AM JP  
CHAIRMAN**



# SKIN CANCER SCREENING REPORT



*PDG Darrel Mainard*  
SCREENING ADMINISTRATOR

Another year passes by with the knowledge that we have saved a few more lives and we have sent people away thinking about their way of life when it comes to skin care. Over the past year we haven't travelled as much as last year due to the fact we haven't been away with the RFDS. However, we have been quite busy in our own back yard visiting nineteen different communities from Carnarvon to Margaret River. This year we have visited places we haven't been to for quite some time and have noticed a marked difference in the communities, of people's attitude towards looking after their skin. It's the baby boomers in general who still need to be educated, the young ones are taking a lot of notice of what they are told in school and the other bodies they are involved with. Colin has been to South Australia several times screening in C2. He will be making the case for a screening unit to be set up in Districts C1 & C2 very shortly under the banner of Lions Cancer Institute of Western Australia. When this comes about, then we will have to train more nurses in those areas to carry on the good work that has been started.

With the small amount of time we have been on the road this year the Institute has screened one thousand five hundred and sixty one individuals (1561). It was fairly even when it came to the mix of males & females taking the time to be screened. However of this only 15.50% actually met the criteria for screening. We will have to be a little more diligent and ensure that the Lions Clubs who so willingly offer to help and take the bookings enforce the criteria. Of that 1561 people screened 22.5% were referred on for further investigation and 14% of those were what is considered possible life threatening lesions.

The refurbished coach is all but ready to be put on the road, it has taken a lot longer than we anticipated, however it is now licenced and at the time of writing is having the signwriting applied. It will then need to have a couple of modifications done to the lights on the inside. This has come about after taking delivery of the new van; the specialists who travel with us have recommended the lighting to be a lot brighter. This will take about another two weeks. It is hoped to be on the road ready for the convention in Margaret River. The new van has proved to be better than expected; we took the time and purchased a more economical generator which is working well. The Teams who voluntarily give their time seem to be quite happy with the unit and enjoy screening in it.

I take this time to thank all those who actually do the screening and other volunteers who so willingly give their time to support this special project along with the Lions Clubs of the W Districts for their ongoing support.

**PDG Darrel Mainard**  
**Screening Administrator**

# NURSE LED SKIN SCREENING PROJECT



*Dr Clare Harvey RN, BA (Cur), MA, PhD  
LECTURER IN NURSING*

Further supporting the skin screening clinics is the Faculty's support for developing the skin screening learning and development programme. Discussions are well underway for developing first a certificate of completion of the skin screening course along the same lines as that of the one developed with Flinders University to commence early 2014, and then a post graduate certificate to be included as part of the topics being offered for the post graduate programmes offered in both nursing and allied health in the faculty by Semester 2 2014.

Whilst data from the research is not yet available for analysis and discussion, initial analysis is tracking well. The New Zealand initiative is looking promising, although there is still some negotiation and discussion that needs to occur with LCI before finalising these projects. Next year looks to be another exciting year!

**Dr Clare Harvey PhD, RN, BA(Cur), MA  
Senior Lecturer**

Faculty of Health Sciences  
Eastern Institute of Technology  
Hawke's Bay, New Zealand  
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F. +64 6 9748910  
Email: charvey@eit.ac.nz  
Adjunct Lecturer Flinders University



*Chris, Colin and Darrel*



*Debra Royle (RFDS on the Road Program Coordinator), Chris Lowings and Alison Barnard (RFDS Health Promotion Nurse)*

# CHAIR MEDICAL & SCIENTIFIC ADVISORY COMMITTEE



Paul Katris  
CEO WACOG

This year almost 12,000 West Australians heard the words “You have Cancer”. The burden of cancer in our community is growing every year. From 11636 in 2011, the number of new cases of cancer is expected to rise to 13,000 in 2014 and 15,300 by 2019. It’s estimated that 75,00 people are currently living with cancer in WA. Reports released this year indicated that not enough cancer research investments were being made by successive WA governments and that too much research activity is dependent on non-government charities such as the Lions Cancer Institute. In light of this along with other cancer research charities we continue to argue for a significant and increased commitment to cancer related medical research funding.

Given our long standing research and health service delivery interests in skin cancer screening we have been heartened by some good news released by the WA Cancer Registry. For the first time there is clear evidence of a downturn in melanoma rates - and particularly so in the younger age groups. This is great news indicating that less people are getting melanoma. However, the other side of that coin is less encouraging with an increase in mortality rates, particularly among older men. This strongly suggests that prevention works – in tobacco – and now in skin cancer. This also lends further support to our efforts in the early detection of skin cancer through our Statewide screening program. We thank all our supporting clubs and remind them and all our supporters of the continued need to raise funds for research into disease that has no boundaries.

**Paul Katris**  
**CEO WACOG**



Rosemary and Kevin Street



Rene Powell and Chris Lowings

# NURSE PRACTITIONER RESEARCH PROJECT



Chris Lowings  
SPECIALIST NURSE

This year has seen the expansion of the LCI skin screening program to South Australia. Lions in SA are very keen and are investing a lot of energy into establishing this service for their State. PDG Colin Beauchamp has, as always, been at the forefront of this expansion activity and has come across to South Australia to participate in the initial screening activities at McLaren Vale, Mt Gambier and Kangaroo Island. We have other screenings planned for Robe and Millicent in the south of SA and Pt Lincoln, Pt Augusta and Whyalla in the west of SA. It is an important goal to extend, and stabilise into the future, the LCI Skin Screening both in WA and SA. With this in mind, the LCI in association with the Flinders University of South Australia and Lifestream Health in Adelaide have developed an on-line skin screening course. The course is available to anyone who wants to do it and is ideal for people wanting to volunteer with LCI but who currently have no experience or training in the area of skin screening. There have been a small number of people who have graduated from the Flinders program and two others from Adelaide are currently going through. Tracy Pearce from Adelaide has completed the program and is now a volunteer with LCI SA. Tracy attended the screening in Mt Gambier and is keen to do more.

The Eastern Institute of Technology (EIT), Hawke's Bay, New Zealand has expressed a keen interest in presenting the on-line course in New Zealand. Colin and I have been invited to present a two day skin screening workshop for EIT staff in March 2014 (Semester 1) to show them what the course is all about.

In June this year I was very privileged to be invited to spend three weeks with world renowned dermatolo-

gists Prof Giuseppe Argenziano and Prof Iris Zauladek at the Dermatology Department of the Arcispedale S. Maria Nuova in Reggio Emilia, Italy. After this we went on to undertake a short course in Dermoscopy at The Medical University of Graz in Austria, which is conducted once a year in July. It was a very exciting time and it was a great experience and an opportunity to meet some wonderful people from some twenty countries including Russia, Brasil, the United States, Croatia, Italy, Austria, Greece, Spain and Ireland.

In their day to day screening operations Lions have a range of screening equipment available to them skin like the DL3 Dermoscope and the latest Fotofinder skin imaging camera, equipment that is simply out of reach to some practitioners in other parts of the world. When we listened to the experience of others who work in skin cancer from all those places around the world we are once again reminded of how important the screening work is that we do here, and just how it impacts on the wider community of WA and SA. Without the valuable Lions skin cancer screening initiative many people who have been referred off for review and treatment, may never have been screened at all. Be in no doubt that the lives of many of the people in rural and remote communities of WA and now SA will have been changed, and many saved because Lions cared. Be proud of being a Lion!

Take care,

**Chris Lowings**  
**Director, Lions Cancer Institute, WA.**

# PHD STUDENT'S REPORT



Philip Hardy  
Senior Scientist and Researcher and Laboratory Manager at Cyto Labs

Currently I am developing my PhD in liver cancer research. Working with a research group at the University of Western Australia. Part-time I provide chromosomal analysis for pathology testing. Developed and ran laboratory classes for 2<sup>nd</sup> year students in cytogenetics. Master of Clinical Cytogenetics, 2002-2006. Grade: Won best post-graduate student at Edith Cowan University. Bachelor of Business, Marketing and Management double major, 1998-2001.

## Publications

- *Is monosomy 21 rare? Seven early miscarriages including one mosaic 45,XX,-21/44,X,-21 in a single study population* (American Journal of Medical Genetics, August 2012)  
Authors: Philip Hardy, Jennifer Bryan, Roderick Hardy, Patrick A. Lennon, Kathy Hardy  
Reviews and discusses the occurrence of monosomy 21 noting that it may not be as rare as previously believed.
- *Cytogenetic Studies of First Trimester Spontaneous Miscarriage. What relevance to PGD/PGS?*  
(Reproductive Biomedicine Online, April 2008)  
Authors: Philip Hardy, Kathy Hardy, Marilyn Bennett-Chambers  
Discusses the data from first trimester miscarriages and how it relates to PGD/PGS.

## Update for Lions Cancer Institute

- In the month of June I attended a genetics conference in Nevada USA
- Following this I spent two weeks working in the biggest medical centre in the world, MD Anderson Cancer Centre
- I worked alongside one of the legends of genetics; Dr Sen Pathak who has over 350 publications, in the laboratory that chromosome spreading was discovered
- I worked with various techniques to identify genetic abnormalities that are not available here, as well as developing collaborations at MD Anderson and Texas Childrens Hospital
- Furthermore I received extensive training in cell authentication; a very important test for any cell based medical research
- I have begun writing a scientific article with one of my supervisors and will be collaborating on this manuscript with MD Anderson
- I am also analysing chromosome changes in liver cells that are subjected to various oxygen altered environments to mimic liver disease
- Soon I will be beginning the fourth and final experiment set on the role of various factors in chromosomal change, identified in liver disease

## Joshuwa & Karen Chinery Phd. Scholarship Recipient

Philip Hardy



Mary Gregg  
201 W2 DISTRICT CHAIRMAN

It has been a difficult year with a fair proportion of this time having no screening van.. Your screening team did screen many people over this period using other buildings. Until 2002 all screenings were conducted such as Silver Chain, medical centres etc, so it was mainly a matter of reverting to past methods.

The coach has taken slightly longer to complete, the full conversion taking longer than first envisaged. It will be finished and in use within the next couple of months.

### **Skin Cancer Screening Programme**

You can be very, very proud of the number of lives saved by having a skin cancer screening conducted by one of your screening team. You can also be very satisfied that people are becoming more aware of the need to regularly be screened and to follow up any advice provided.

### **Paying for the skin screening programme,**

Is not cheap. Your LCI Board relies on clubs for regular donations, grants to assist in purchasing specific equipment, donations given on screening days, and special fundraising events. Unfortunately this is insufficient to cover ever increasing costs and it may - sooner or later - be necessary to consider other ways of raising the money needed.

### **Value of word of mouth in public relations,**

Cannot be overemphasised. This is one short way of encouraging clubs and the general public (not to mention the corporate sector) to generously donate to your cancer institute. Word of mouth keeps people remembering. People remembering usually want to help in some tangible way. So, Lions, keep spreading the word please.

### **Research**

We all recognise the need for research and with funding from Karen and Joshua Chinnery Scholarship, a PhD student is funded to complete a PhD in a field related to skin cancer.

### **Booking Screenings**

Please - please write (two copies) to p.D.G darrel maynard. He handles all bookings.

Fellow lions - any health prevention programmes are successful only if they have money to operate them. Please consider your lions cancer institute and give generously.

Remember lions it is your cancer institute you own it.

**Lion Mary Gregg**  
**District Chairman 201W2**

# 201W1 DISTRICT CHAIRMAN'S REPORT



*Mary Austin*  
201 W1 DISTRICT CHAIRMAN

It has been a very busy year. Thank you to W1. Members for your ongoing impressive support. For the Lions Cancer Institute. It is pleasing to hear that many more are having skin screening regularly.

With the van on the road and the bus nearly finished, we are back in full swing and hope to see as many of you as possible introducing yourselves when you see us around.

When possible you are welcome to visit the vehicles and be screened or just see what goes on. I am now completed my course at Flinders University in Dermoscopy and am now fully to assist with the screenings. My thanks to the Lions Cancer Institute for paying for the course.

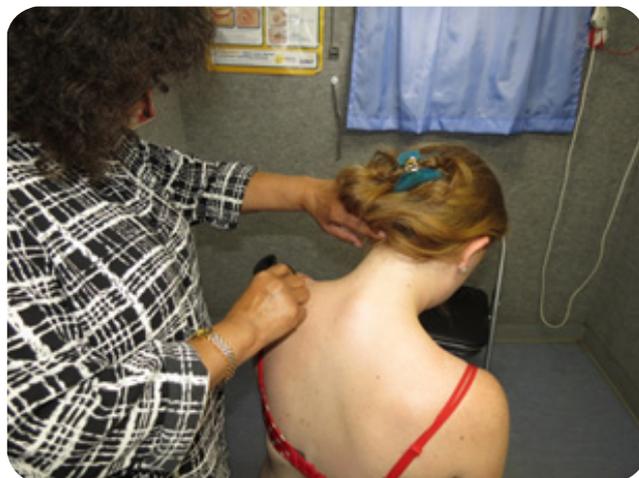
My special project for the coming year is the construction of bus shelters to protect people from sun exposure whilst waiting for transport. At the moment there seems to be a great deal of uncertainty related to councils. Some are under administration, while others are going through amalgamation.

The information I have to-date indicates that many councils have contracts to build shelters and they are willing to do so if a demand is seen and a request is put to council. Please look around your area. If you see people standing without shelter at a bus stops? Make a note and take it to your club.

Ask around and see what the community needs are. If you then approach the council, they cannot say there is no need. Let us know how you go.

Remember, I am willing to attend meetings to do a presentation. I promise not to make anyone ill.

**Lion Mary Austin**  
**District Chairman 201W1**



*Siva Lowings Checking Client with a Dermalite*

# 201 C2 DISTRICT CHAIRMAN'S REPORT



Marilyn Millar  
201 C2 DISTRICT CHAIRMAN

The skin cancer screening project commenced in C2 with a motion at the C2 District Convention 2011 concluding 30th June 2014. A motion to extend the project for another three years has been submitted to the C2 District Convention in October 2013.

Screenings have been held in Victor Harbor, Barmera, Mt Gambier, McLaren Vale and Kangaroo Island. The proposed programme for screenings for 2013-2014 is Millicent, Wirrina Convention (Normanville), Robe, Hahndorf and Berri. Requests have also been received from a number of other Clubs in the District. This project is proving to be very popular with the Lions, Lioness Clubs and the general public with requests for more screenings.

Screening data to date is as follows:

|  |     |
|--|-----|
| Total number of people screened.....                 | 832 |
| Number of Males screened.....                        | 352 |
| Number of females screened.....                      | 480 |
| Number of people that met criteria.....              | 262 |
| Total suspect lesions detected.....                  | 460 |
| Total suspect life threatening lesions detected..... | 199 |
| Number of people referred to their GP.....           | 260 |

31% of people screened were referred to their local GP with suspect lesions detected.

All the C2 District Clubs have donated to this project raising \$18,500 to date. Clubs have also contributed extra funding support to the screenings. The cost of screening per person was budgeted for \$10 per head and has been running between \$8.00 and \$9.50 depending on distance. Expenses to date, covering travel, accommodation, meals and supplies, is \$8,316.

Flinders University has a Skin Cancer Screening Course. The course cost is \$1000 plus the workshops, the first part of the course can be conducted on line. This course does not require a medical background and anyone can apply. Once the course is completed the student has to complete a number of screenings under supervision before being considered as sufficiently experienced to enough to act as screener with the Institutes team. A submission will be presented to the Lions Medical Research Foundation requesting funding for training screeners. It is envisage that trainees, once completed the course, can donate time to this project.

Due to the success of the C2 screening project, C1 has indicated their interest in the skin cancer screening project and has submitted a motion to the C1 District Convention in October 2013.

Future plans include recruiting volunteer screeners from the Plastic Surgeons and Dermatologists Group and increase the number of screenings per year. This would enable screenings to be extended in the country and rural areas providing a much need community health service and skin cancer awareness while promoting Lions.

**Lion Marilyn Millar**  
**Skin Cancer Screening Chairman District 201 C2**

## A MESSAGE FROM OUR PATRON Dr. W. H. (Harry) BUTLER AO CBE



*Dr. W. H. (Harry) Butler AO CBE*

As a Naturalist I see cancer in all forms of life, plants and animals. Our focus seems to be totally on humanity which follows the biological perspective of survival first. Because of this focus as a society we seek the bitter truth that cancer is widespread in the human community so we seek answers to the scourge.

I am personally aware of the devastating impact of undiagnosed cancer on individuals and their families and friends.

Collective response takes various forms of prevention and remediation/cure. Preventative programs are embedded throughout the community in the form of protective clothing, sun screens, workplace requirements, school requirements, medical programs, and proactive programs like the Lions Skin Screening. Despite all of this many people still don't get the message that they are at risk.

The Lions Skin Cancer Screening program results are indicative, with a return of 35% of the West Australian population screened requiring further examination and treatment. Similar data has been derived from South Australia.

Research programs mostly co-ordinated by Cancer Australia are frequent in medical and tertiary institutions with some progress towards mastering various forms of the disease. The Lions Cancer Institute aligns with and contributes to these programs in many ways.

We are part of an army fighting this insidious enemy which can appear anywhere on any person, at any age despite personal protection.

So our base message is clear! Use personal protection, clothes, creams and hats but regularly screen for skin cancer. Early detection is life saving.

My congratulations to the Lions Cancer Institute and its screening programs and to the Lions Clubs for their support.

Keep supporting, keep screening and keep up the good work.

**Dr Harry Butler**  
**Patron**

## THE MYTHS ABOUT SKIN CANCER

### 5 common reasons why people don't think they will have Skin Cancer

1. Cancer only appears where you get the sun.

**'WRONG'** it can appear anywhere including the mouth, tongue, head, between the toes, under the nails, in or behind your eyes, inside the nose and the most intrusive and most aggressive skin cancer is under the soles of your feet.

2. Only those people who spend time in the sun can get melanoma.

**'WRONG'** It certainly increases the risk but you do not need direct sun exposure to have UV damage.

3. Only older people get melanoma.

**'WRONG'** The life time risk factors for 20-40 year old in Australia is 1 in 18.

4. I was checked recently and given the all clear, I don't need another check.

**'WRONG'** Skin cancer is dynamic it can evolve rapidly, you need to have regular ongoing checks and if you have had even a BCC (a minor non life threatening cancer) then you are at risk of getting more and possibly more dangerous cancers

5. Melanoma lesions are always black & raised

**'WRONG'** They can be any colour, Red, White, Blue, Grey or a combination of colours and most start flat

# RFDS ON THE ROAD PROGRAM REPORT



Tricia Slee  
PROGRAM MANAGER



*Working in Partnership to Promote Healthier Regional Communities*

## **RFDS/LCI Community Skin Cancer Screening – Pilbara Karratha 2012**

Event date/s: 27th July – 12th August location: Karratha – Pilbara Population Health Unit  
Karratha – FeNaCIING Festival  
Event partners: Lions Cancer Institute – delivery partner  
- Woodside Energy - sponsor

Who attended the event: 726 people received full body screening and skin cancer information during 10.5 days of screening.

General demographics of people: Any members of the community. Target group was aged 20+ years and anyone with increased risk factors was encouraged to attend.

(Separate data and children was not collected. Children were screened at their parents request)

Total number of people attending/used our service or activities:

726 people = 316 males / 410 females

## Summary of activities conducted at event:

- Provide free skin cancer screening – total body check by LCI screening staff, referral onto GP if any lesions of concern were identified.
- Dissemination of health information relating to skin cancer awareness and prevention in the form of pamphlets and verbal discussion with RFDS health promotion nurse.
- Provide free broad brimmed hats, sunscreen, (Hats were branded to promote partners/sponsors).

Below: A local Karratha couple gaining a better understanding of how to prevent skin cancer from RFDS health promotion nurse, Meg Seeley.

**Tricia Slee**  
**Primary Health Care Program Manager**  
**RFDS Western Operations**



Your directors submit the financial report of the Lions Cancer Institute Inc. for the financial year ended 30 June 2013.

## Directors

The names of directors throughout the year and at the date of this report are:

Mr G Irvine  
Mr D Mainard  
Mr C Beauchamp AM JP  
Ms M Gregg  
Ms D Bushe-Jones. Appointed Secretary 1 July 2012.  
Mr T Turner. Resigned December 2012.  
Mr D Wheeler. Resigned February 2013.  
Mr P Katris  
Mr N Saunders. Appointed Treasurer 1 July 2012.  
Mrs P Baird  
Mrs D Saunders  
Mr G Carberry  
Mr B Middleton  
Ms M Austin  
Ms T MacLean. Resigned October 2012.  
Mr C Heap  
Mr A Hawkins

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

## Principal Activities

The principal activities of the Association during the financial year were to provide access to skin screening clinics in remote areas of Western Australia and financial scholarships towards ongoing detection of skin and liver cancers.

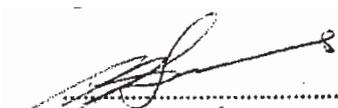
## Significant Changes

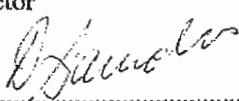
No significant change in the nature of these activities occurred during the year.

## Operating Result

The net income for the year ended 30 June 2013 amounted to \$163,391. The net income includes private grants of \$100,000 and donations/ insurance refund of \$52,100 received for purchase of replacement van. Had these items not included in the income and expenditure account, net income would have been \$11,291.

Signed in accordance with a resolution of the Board of Directors.

  
.....  
Director

  
.....  
Director

Dated: 16 - 09 - 2013

# ANNUAL FINANCIAL REPORT

For the year ending 30th June 2013.

The Institute's bottom line shows a net loss of \$96,310.58 for the year.

- The loss was caused by having to replace the original screening caravan after it was written off during a tour of the North West, plus the ongoing expenses relating to the fitting out of the new coach.
- The Institute received an Insurance refund of \$24,900.00 for the old caravan. However the new van replacement cost was \$83,965.46.
- After the new van was completed it became obvious that the generating unit on the back of the truck was grossly overpowered for our needs. The Board authorized the sale of the old unit and purchase of a new, smaller and quieter, unit. Our out of pocket costs for this where only \$4,200.00.
- The Institute's actual operating costs for the year show a loss of \$2,686.16. While this is not a significant amount we need to remember that, following the accident with the van, we were unable to travel and perform as many screening assignments as usual. This fact helped keep our operating costs down for the year.
- After allowing for Bank Interest of \$15,432.94 the operating account shows a profit for the year of \$12,776.78.
- Again we see where Bank Interest saves the Institute from an operating loss for the year. I, personally, am always disappointed when I hear fellow Lions commenting that their clubs do not contribute to the Lions Foundations as they believe the Foundations have "Too much money." Without these invested funds we would continue to run at significant losses each year. With current low interest rates available, and ever increasing costs, we need every dollar we can spare to be invested.

**PDG NEIL SAUNDERS, TREASURER.**

**August 2013.**

# INCOME AND EXPENDITURE STATEMENT

## Income and Expenditure Statement For the Year ended 30 June 2013

|  | 2013                  | 2012                  |
|--|-----------------------|-----------------------|
|  | \$                    | \$                    |
| <b>Income</b>                                      |                       |                       |
| Donations  | 69,254                | 114,520               |
| Grants- private                                    | 100,000               | 70,000                |
| Karen & Joshua Chinnery Scholarship                | 4,000                 | 5,500                 |
| Fund Raising Raffle                                | -                     | 3,168                 |
| Donation- Van Replacement and Insurance Recoveries | 52,100                | -                     |
| Interest Received                                  | 20,405                | 29,456                |
| Other Revenue                                      | 4,141                 | 1,146                 |
| Surplus on Sale of Non-current Assets              | 3,056                 | -                     |
|  | <u>252,956</u>        | <u>223,790</u>        |
| <b>Expenditure</b>                                 |                       |                       |
| Administration                                     | 13,565                | 17,024                |
| Depreciation                                       | 27,344                | 2,727                 |
| Fundraising  | 1,804                 | -                     |
| Public relations                                   | 530                   | 1,324                 |
| Screening  | 9,930                 | 12,502                |
| Skin cancer screening unit                         | 20,986                | 23,460                |
| Scholarship awards                                 | 12,000                | 3,500                 |
| Staff Training and Welfare                         | 3,406                 | 587                   |
|  | <u>89,565</u>         | <u>61,124</u>         |
| <b>Net income/Surplus</b>                          | <u><u>163,391</u></u> | <u><u>162,666</u></u> |

# TRANSACTIONS STATEMENT

|  |        |   |                    |
|--|--------|---|--------------------|
|  |        | <b>Cash Inflow Donations</b>              |                    |
|  | 4-1000 | Donations Lions Clubs                     | \$37,150.00        |
|  | 4-1036 | Donations Screening Unit                  | \$3,498.30         |
|  | 4-1500 | Donations Private                         | \$330.00           |
|  | 4-1510 | Jesse Martin Cash Tin                     | \$3,087.20         |
|  | 4-1525 | Donations Corporate                       | \$25,189.24        |
|  | 4-1530 | Pin Sales                                 | \$375.00           |
|  | 4-1600 | Karen & Joshua Chinnery Scholarship       | \$4,000.00         |
|  |        | <b>Total Cash Inflow Donations</b>        | <b>\$73,629.74</b> |
|  |        |   |                    |
|  |        | <b>Other Cash Inflow.</b>                 |                    |
|  | 4-1656 | RFDS Screenings                           | \$3,285.00         |
|  | 4-5000 | Fuel Tax Credits                          | \$481.00           |
|  | 4-8000 | Fundraising Income                        | \$0.00             |
|  |        | Total Other Cash Inflow                   | \$3,766.00         |
|  |        | <b>Total Other Cash Inflow</b>            | <b>\$77,395.74</b> |
|  |        |   |                    |
|  |        | <b>Cash Outflows Staff</b>                |                    |
|  | 6-5010 | Staff Amenities                           | \$417.91           |
|  | 6-2050 | Other Employer Expenses                   | \$261.04           |
|  |        | <b>Total Cash Outflows Staff</b>          | <b>\$678.95</b>    |
|  |        |   |                    |
|  |        | <b>Administration Cash Outflows</b>       |                    |
|  | 6-2065 | Office Rental - Storage                   | \$1,159.08         |
|  | 6-2070 | Presentations                             | \$186.00           |
|  | 6-2100 | Postage and Shipping                      | \$878.67           |
|  | 6-2200 | Bank Charges                              | \$254.32           |
|  | 6-2205 | Bank Internet Fees                        | \$0.75             |
|  | 6-2210 | Computer supplies                         | \$844.54           |
|  | 6-5400 | Telephone Costs                           | \$1,176.30         |
|  | 6-2410 | Insurance                                 | \$3,289.62         |
|  | 6-2420 | Accounting and Audit                      | \$2,879.59         |
|  | 6-2430 | Stationary and Printing                   | \$2,885.21         |
|  |        | <b>Total Administration Cash Outflows</b> | <b>\$13,554.08</b> |

## TRANSACTIONS STATEMENT

|  |        |  |                    |
|--|--------|--|--------------------|
|  |        |  |                    |
|  | 6-2435 | Training                                     | \$2,727.27         |
|  |        | <b>Total Training Cash Outflows</b>          | <b>\$2,727.27</b>  |
|  |        | <b>Fundraising Outflows</b>                  |                    |
|  | 6-2635 | Fundraising Expenses                         | \$1,803.63         |
|  |        | <b>Total Fundraising Outflows</b>            | <b>\$1,803.63</b>  |
|  |        |  |                    |
|  |        | <b>Screening Cash Outflows</b>               |                    |
|  | 6-2660 | Screening Expenses                           | \$774.91           |
|  | 6-2661 | Screening Equipment Repairs                  | \$95.45            |
|  | 6-2665 | Coach 1 EFV 432 Screening Costs              | \$73.47            |
|  | 6-2666 | Van 1TNK 399 Screening costs                 | \$956.71           |
|  | 6-2668 | Van 1TNK 399 Maintenance                     | \$1,806.85         |
|  | 6-2670 | Transportation Costs                         | \$2,865.66         |
|  | 6-2675 | Advertising Costs                            | \$588.66           |
|  | 6-2685 | Accomodation Costs (Screening)               | \$2,889.08         |
|  | 6-2686 | Subsistence Costs (Screening)                | \$1,685.70         |
|  | 6-2703 | Vehicle Insurance                            | \$5,972.41         |
|  | 6-2704 | Vehicle Licensing & Transfer                 | \$787.05           |
|  | 6-2708 | 1 BUA 284 Diesel Fuel Costs                  | \$4,260.40         |
|  | 6-2713 | 1 BUA 284 Maintenance                        | \$5,660.02         |
|  | 6-2709 | Coach 1 EFV 432 Diesel Fuel Costs            | \$0.00             |
|  | 6-2714 | Coach 1 EFV 432 Maintenance                  | \$1,292.89         |
|  |        | <b>Total Screening Cash Outflows</b>         | <b>\$29,709.26</b> |
|  |        |  |                    |
|  |        | <b>Public Relations Cash Outflows</b>        |                    |
|  | 6-2850 | Public Relations Expenses                    | \$530.00           |
|  |        | <b>Total Public Relations Cash Outflows</b>  | <b>\$530.00</b>    |
|  |        |  |                    |
|  |        | <b>Scholarship Award Cash Outflows</b>       |                    |
|  | 6-3010 | K & J Chinnery Scholarship                   | \$12,000.00        |
|  |        | <b>Total Scholarship Award Cash Outflows</b> | <b>\$12,000.00</b> |
|  |        |  |                    |
|  |        | <b>Total Cash Outflows</b>                   | <b>\$61,003.19</b> |

# TRANSACTIONS STATEMENT

|  |        |   |                       |
|--|--------|---|-----------------------|
|  |        | <b>Operating Cash Flow Inflow/Outflow</b> | <b>\$16,392.55</b>    |
|  |        |   |                       |
|  |        | <b>Other Cash Inflow</b>                  |                       |
|  | 8-1500 | Westpac Bank Interest                     | \$547.21              |
|  | 8-1505 | Westpac Term Deposit Interest             | \$19,857.73           |
|  |        | <b>Total Other Cash Inflows</b>           | <b>\$20,404.94</b>    |
|  |        |   |                       |
|  |        | <b>Other Cash Outflows</b>                |                       |
|  | 9-3000 | Loss Disposal of Equip'mt                 | \$6,944.18            |
|  | 9-5000 | Transfer account                          | \$10.61               |
|  | 9-2000 | Depreciation - Property/Equipment         | \$27,344.00           |
|  |        | <b>Total Other Cash Outflows</b>          | <b>\$34,298.79</b>    |
|  |        |   |                       |
|  |        | <b>Operating Inflow/(Outflow)</b>         | <b>\$2,498.70</b>     |
|  |        |   |                       |
|  |        | <b>Sundry Inflow Events</b>               |                       |
|  | 8-1510 | Sale of Assets                            | \$10,000.00           |
|  | 8-1515 | Insurance Refunds                         | \$24,900.00           |
|  | 8-8505 | New Screening Coach donations             | \$100,000.00          |
|  | 8-8520 | Replacement Screening Van donations       | \$27,200.00           |
|  |        | <b>Total Sundry Inflow Events</b>         | <b>\$162,100.00</b>   |
|  |        |   |                       |
|  |        | <b>Sundry Outflow Events</b>              |                       |
|  | 1-4140 | Coach 1 EFV 432                           | \$173,021.90          |
|  | 1-4135 | Van 1TNK 399                              | \$83,965.46           |
|  | 1-4121 | Replacement generator                     | \$14,200.00           |
|  |        | <b>Total Sundry Outflow Events</b>        | <b>\$271,187.36</b>   |
|  |        |   |                       |
|  |        |   |                       |
|  |        | <b>Cash deficit for year.</b>             | <b>(\$106,588.66)</b> |

# STATEMENT OF FINANCIAL POSITION

## Lions Cancer Institute Inc. Statement of Financial Position As at 30 June 2013

|                                 | Note | 2013<br>\$     | 2012<br>\$     |
|---------------------------------|------|----------------|----------------|
| <b>Current Assets</b>           |      |                |                |
| Cash and Cash Equivalents       |      | 541,080        | 622,876        |
| Trade and Other Receivables     | 5    | 911            | 2,028          |
| <b>Total Current Assets</b>     |      | <u>541,991</u> | <u>624,904</u> |
| <b>Non-Current Assets</b>       |      |                |                |
| Property, Plant and Equipment   | 6    | 341,010        | 94,706         |
| <b>Total Non-Current Assets</b> |      | <u>341,010</u> | <u>94,706</u>  |
| <b>Total Assets</b>             |      | <u>883,001</u> | <u>719,610</u> |
| <b>Net Assets</b>               |      | <u>883,001</u> | <u>719,610</u> |
| <b>Equity</b>                   |      |                |                |
| Retained Income                 |      | 883,001        | 719,610        |
| <b>Total Equity</b>             |      | <u>883,001</u> | <u>719,610</u> |

# NOTES TO FINANCIAL STATEMENTS

## 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1987 (WA). The directors have determined that the association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of the financial statements.

### (a) **Cash and Cash Equivalents**

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities on the balance sheet.

### (b) **Property, Plant and Equipment**

Office equipment are carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all fixed assets are depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

### (c) **Revenue and Other Income**

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Private grants and donations received for the purchase of assets are recognised as income in the year of their receipts.

Interest revenue is recognised when accrued, received or credited to related bank/investment account.

Revenue from the rendering of a service is recognised upon the delivery of the service to the customer.

All revenue is stated net of the amount of goods and services tax (GST).

### (d) **Trade and Other Payables**

Trade and other payables represent the liabilities at the end of the reporting period for goods and services received by the association that remain unpaid. Trade payables are recognised at their transaction price. Trade payables are obligations on the basis of normal credit terms.

### (e) **Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable.

The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

### (f) **Donations and other fund raising activities**

The Board of Directors have determined that it is not practicable to establish adequate and effective control over monies received from these sources. Accordingly, income from these sources is brought to account on the basis of actual recorded in the Institution books.

# NOTES TO FINANCIAL STATEMENTS

|  | 2013           | 2012           |
|--|----------------|----------------|
|  | \$             | \$             |
| <b>2. Income</b>   |                |                |
| Donations  | 69,254         | 114,520        |
| Grants- private  | 100,000        | 70,000         |
| Karen & Joshua Chinnery Scholarship  | 4,000          | 5,500          |
| Fund Raising Raffle  | -              | 3,168          |
| Donation- Van Replacement and Insurance Recoveries   | 52,100         | -              |
| Interest Received  | 20,405         | 29,456         |
| Other Revenue  | 4,141          | 1,146          |
| Surplus on Sale of Non-current Assets  | 3,056          | -              |
|  | <u>252,956</u> | <u>223,790</u> |
| <b>3. Expenses</b>   |                |                |
| Income before income tax expense from continuing Operations include the following specific expenses: |                |                |
| Depreciation and Amortisation Expenses   | 27,344         | 2,727          |
| Other Expenses   | 62,221         | 58,397         |
|  | <u>89,565</u>  | <u>61,124</u>  |
| <b>4. Cash and Cash Equivalents</b>  |                |                |
| Cash at Bank   | 113,911        | 80,288         |
| Term Deposit   | 422,227        | 535,460        |
| Interest Accrued   | 4,942          | 7,128          |
|  | <u>541,080</u> | <u>622,876</u> |
| <b>5. Trade and Other Receivables</b>  |                |                |
| <b>Current</b>   |                |                |
| GST refundable   | 911            | 2,028          |
|  | <u>911</u>     | <u>2,028</u>   |
| <b>Total Trade and Other Receivables</b>   | <u>911</u>     | <u>2,028</u>   |

## NOTES TO FINANCIAL STATEMENTS

|  | 2013           | 2012          |
|--|----------------|---------------|
|  | \$             | \$            |
| <b>6. Property, Plant and Equipment</b>    |                |               |
| <b>Plant and Equipment</b>                 |                |               |
| Dermalite                                  | 2,117          | 2,117         |
| Less Accumulated Depreciation & Impairment | (2,117)        | (1,705)       |
| Coach 1EFV 432                             | 236,658        | 63,636        |
| Less Accumulated Depreciation & Impairment | (11,093)       | -             |
| UHF Radio                                  | 453            | 453           |
| Less Accumulated Depreciation & Impairment | (68)           | -             |
| Photo Finder                               | 22,670         | 22,670        |
| Less Accumulated Depreciation & Impairment | (4,251)        | -             |
| Generator at Cost                          | 14,200         | 10,000        |
| Less Accumulated Depreciation & Impairment | (1,015)        | (5,000)       |
| Video Projector and Laptop at Cost         | -              | 6,102         |
| Less Accumulated Depreciation & Impairment | -              | (6,102)       |
| Toucam display system at cost              | -              | 1,980         |
| Less Accumulated Depreciation & Impairment | -              | (1,980)       |
| Hino Truck at Cost                         | 79,535         | 79,535        |
| Less Accumulated Depreciation & Impairment | (79,535)       | (79,535)      |
| Dermalite 11 multispectral at Cost         | 6,682          | 1,975         |
| Less Accumulated Depreciation & Impairment | (1,299)        | (1,975)       |
| Computer Equipment at Cost                 | -              | 4,850         |
| Less Accumulated Depreciation & Impairment | -              | (3,815)       |
| Screen Equipment at Cost                   | 23,595         | 23,595        |
| Less Accumulated Depreciation & Impairment | (23,595)       | (22,095)      |
| Van 1TNK 399                               | 83,965         | -             |
| Less Accumulated Depreciation & Impairment | (7,434)        | -             |
| Molecam                                    | 1,814          | -             |
| Less Accumulated Depreciation & Impairment | (272)          | -             |
| <b>Total Property, Plant and Equipment</b> | <u>341,010</u> | <u>94,706</u> |

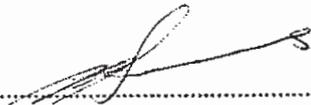
## STATEMENT BY THE BOARD OF DIRECTORS

The directors has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the directors as set out in the accompanying financial statements:

1. Presents a true and fair view of the financial position of Lions Cancer Institute Inc. as at 30 June 2013 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Lions Cancer Institute Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board Directors and is signed for and on behalf of the Board Directors by:

  
.....  
Director

  
.....  
Director

Dated: 16-09-2013

Perth, Western Australia

## **Auditax Accountants** Chartered Accountant & Business Advisors

Post office Box 8337 PERTH BC WA 6849  
Suite 1, 6-12 Serich Lane NORTHBRIDGE WA 6003  
Ph: 08-9227 7337 M: 0430304011 ABN 52 143 471 238  
www.dky.com.au, Email: info@dky.com.au

### **Lions Cancer Institute Inc. Auditor's Report to the Members of Lions Cancer Institute Inc.**

---

We have audited the accompanying financial report, being a special purpose financial report, of Lions Cancer Institute Inc. (the association), which comprises the Directors report, the assets and liabilities statement as at 30 June 2013, the income and expenditure statement for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the directors.

#### Directors' Responsibility for the Financial Report

The directors of Lions Cancer Institute Inc. is responsible for the preparation of the financial report, and has determined that the basis of preparation described in Note 1 is appropriate to meet the requirements of the Associations Incorporation Act 1987 (WA) and the needs of the members. The director's responsibility also includes such internal control as the board of directors determine is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation of the financial report that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

**Lions Cancer Institute Inc.  
Auditor's Report to the Members of  
Lions Cancer Institute Inc.**

---

Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of Lions Cancer Institute Inc. as at 30 June 2013 and its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements, and the Associations Incorporation Act 1987 (WA).

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Lions Cancer Institute Inc. to meet the requirements of the Associations Incorporation Act 1987 (WA). As a result, the financial report may not be suitable for another purpose.

Auditax Accountants  
Chartered Accountants



Dharam Ghangas  
Director

Dated this 17<sup>th</sup> day of September 2013

Perth Western Australia

|   |                                       |
|---|---------------------------------------|
| <b>Mr. ALISTER TURNER MBBS FRCS FRACS</b>           | PLASTIC SURGEON                       |
| <b>Mr. ROBERT FITZPATRICK MBBS FRCS FRACS</b>       | PLASTIC SURGEON                       |
| <b>Mr. BARRIE LYKKE MBBS FRCS FRACS (RETIRED)</b>   | PLASTIC SURGEON                       |
| <b>Dr. KURT GEBAUER MBBS FACD</b>                   | ASS. PROFESSOR                        |
| <b>Dr. LESTER COWELL MBBS</b>                       | PRIMARY CARE SKIN CANCER PRACTITIONER |
| <b>Mrs. MONIKA COWELL</b>                           | DERMOGRAPHER                          |
| <b>Ms. SUSAN GODDARD BA App. Sc FRCNA (retired)</b> | REGISTERED NURSE                      |
| <b>PDG COLIN BEAUCHAMP AM JP</b>                    |                                       |
| <b>PDG RON VAUGHAN (deceased)</b>                   |                                       |
| <b>Mr. DON PHILLIPS</b>                             |                                       |



# Olympia Diaries & Calendars

Supporting the Lions Cancer Institute (Inc.) all the way

## FREECALL: 0417 187 780

website: [www.olympiapublishing.com.au](http://www.olympiapublishing.com.au)



Olympia is a wholly Australian owned company that helps the community through supporting cancer research. Part proceeds from the sale of all Olympia's calendars are donated to the Lions Cancer Institute (Inc.) to help in the fight against cancer.

Calendar customers receive a Certificate of Appreciation in acknowledgment of their support of a very valuable cause.

# SKIN CANCER RISKS

## A persons risk of skin cancer can increase with these following factors:

- 5 or more moles are present on your arms, not including freckles.
- If skin cancer or a non malignant mole has been previously removed
- If they have an inflamed sore that doesn't heal or a mole or freckle that is changing colour
- If they have a family history of melanoma
- If as a child they has blistering sunburn, bad enough to keep them out of school
- Skin damage caused from UVR (Ultra violet radiation) exposure. Accumulated skin damage can become skin cancer
- If they are an indoor worker who enjoys bursts of sun at the weekends or when on holidays

## Skin cancer can be prevented:

- Avoid direct sunlight between the hours of 10 am and 3pm
- Use shade where possible
- Wear a broad brimmed hat
- Wear suitable clothing that covers most of the skin
- Use water resistant SPF 30 sunscreen to cover all areas not covered by clothes. Apply regularly.
- Use Australian Standard sun glasses to protect eyes
- Have between your toes, and the soles of your feet, checked. Mutant damages cells can travel and damaged upper body skin may show as skin cancer anywhere

## **WARNING:**

**Skin damage can not be reversed;  
only further damage can be prevented**



Is that TAN really worth it?









Telephone: (08) 9641 2430  
Email: [dotneil1@bigpond.com](mailto:dotneil1@bigpond.com)  
PO BOX 642  
YORK WA 6302

